

# ~Dates to Remember~

#### **December**

December 4 Volunteer Potluck

December 5 Session 3 Therapeutic Begins

December 24 - December 31 Christmas Break Office Closed

#### **January**

January 1 - 2 New Years Office Closed

January 5

Session 3 Youth Leadership Begins

January 7

Session 3 Public Riding Begins

#### **February**

February 16 Session 4 Youth Leadership Begins

February 25

Session 4 Public Riding Begins

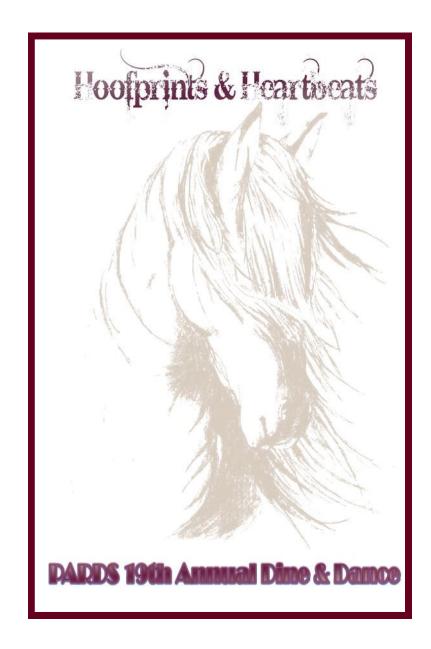












PARDS 19th Annual Dine and Dance Fundraiser "Hoofprints & Heartbeats" was a magical evening celebrating all that has been and can be accomplished when we share a common goal and vision.

We hope that everyone who attended this evening honouring our riders and the volunteers, community members and businesses who help to keep this essential service available in our community had a wonderful time.

To our event sponsors, donors and volunteers a huge thank you for your support in making this event an amazing success.

All proceeds raised through the event stay within the PARDS organization and directly benefit our riders by supporting our therapeutic programs. Your generosity helps children and adults within our community access Equine Assisted Therapeutic Services in pursuit of living their best life.

### "Mane" Event Co-Sponsors





# Hearts, Hooves & Courage







John Perkins Insurance,

agent of





GP North Group of Companies—Clairmont

















Chipron A Ingraham Professional Corp.













Swan Aero Inc.













### Horseshoe



eastlink centre

OVERHEAD DOOS

**DEW-Line Enterprises** 





















## ~Dine & Dance Live Auction Donors~













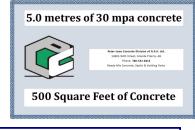


### Thank you to the following for their donations to PARDS' Live Auction















4 Paws Dog Grooming

Abelone Petersen

Action Car & Truck Accessories

Adrea Simmons

All-West Northern Glass

Al's News

Amanda Udey

Anderson Hearing Aid & Audiology Service

Anita Weiss-Pierce

Anna Kittelsen Assure Lock

Baileigh Wardill

Bear Creek Funeral Home

Best Western

Better Than Fred's

Big Timber Archery and Hunting

Biggs Family

Boston Pizza- Westend

Bowling Stones 10 Pin Entertainment Centre

**Brown's Social House** 

**Burnt Offerings** 

Calista's Career & Bridal Wear

Canada Post

Canadian Brewhouse

Captured Wishes- Marlene Massan

Carol Anne Doll

Carol McLevin

Cat the Rental Store

Cedar Products

Cheeky Chic

Chiropractic Wellness Centre

Christina Balcom

**Cinder Creations** 

Cindy Rau

Cineplex Odeon

City of Grande Prairie

Clearstream TV

Coffee Crave

Commandeur Mechanical

Connie Steigenberger

Costco

Countryside Motor Sports

Culligan Water Conditioning Grande Prairie

Cute As a Bugs Ear

d.luxe

Daddio's Pizzeria

Darren Bosomworth Trucking

Dawn Miller

**Dayton Fenton** 

Deb Wnuk

Domino's

Don Golden Autobody Ltd.

Douglas Lake Equipment LP

Doug's Sweet Pickled Beets

Down To Earth Petting Zoo

**Downtown Association** 

Dressed to Dry

Earl's

**Edward's Factory Outlet** 

Egan's Pub

**Encana Event Centre** 

**Ernie's Sports Experts** 

Evelyne Viens Dobish- Royal LePage

Evergreen Park

**Expert Mobile Communication** 

Expressions Home Décor

Famosa Neopolitan Pizzeria

Fashionista

Fenton's Greenhouse

Fleet Brake

Fletcher & Diana Bootle

Forever With Deanna

Foster's Covered Wagons

Gayle Mayer

Gerbrandt Family

Giant Tiger

Global Pet Foods

**GP Express** 

**GP Peace Pillows** 

GP Stompede Association

. . . . .

Gramma Puff's Poppery

Grande Prairie Animal Hospital

Grande Prairie Coffee Company

Grande Prairie Golf & Country Club

Grande Prairie Kubota

Grande Prairie Lawn Doctor

Grande Prairie Live Theatre

# ~Dine & Dance Auction Donors~

Grande Prairie Storm Hockey Club Grande Prairie Therapeutic Massage

Grant Berg Art Gallery Great Northern Casino

Greenhawk Harness & Equestrian Supplies

**Gregg Distributors** 

Grovedale Golf & Country Club

Happy Trails RV Helen Moore

Hertz Equipment Rental

Holly Crichton

Home Hardware West Homesteader Health

House of Spades Boutique

Houses by Design

Inland Heidelberg Cement Group

Inspectrum Testing Investor's Group Inc.

Jade Cash

Janice Lutsenko's Flower Art

Jason Hein Jennifer Douglas Jennifer Wolf JH Interiors Jill Lynk Jim Rawlek

Joan Prankie Joe & Jan Gass

John & Linda Perkins

Jonathan's Gold & Diamonds

JP Outpost
Julie Lawrance

Jysk

Kelly Rawlek Kelly Sutherland Kelly Wilson

Kelsey Hesse- Arbonne

Kerrie Mealey KG Design

Klassica Fashions KMSC Law LLP Ladies Night Out

Laurie Duncan- Colour By Amber

Laurie Prichuck Leather Plus Lisa Podmore Lori Zaichkowsky

Love Boutique

Lyne Hallman

Marcel A.(Linda Perkins)

Marge Elliott
Marilyn Cramer
Marlin Travel
Marmot Basin
McDonald's
McKay Family
Michael Hill
Milano for Men
Miss Faith Esthetics

Monaco Shoes

**Motion Fitness** 

Mountain Park Lodges

Moxie's

Nevada Bob's Golf Nicole Crowley

Northern Bottling Group Northern Lights Metal Art

Odessa Doors Ltd.

Pala's Vitamin Honey Farm Ltd

**PARDS** 

Park Lane Jewelry Pat's Auto Supply

Peace Country Western Dance Club

Peace Draft Horse Club

Peavey Mart

Peter & Susan Teichroeb

Phillip J Currie Dinosaur Museum Picture Perfect Frame & Gallery

Pita Pit

Plank Health Coaching

Powder King Mountain Resort

Pure Home Design

Pye Family QEII Foundation Quality Inns & Suites

Reach 96.3 FM

# ~Dine & Dance Auction Donors~

Red Rock Urban BBQ

Reilly Transfer

Resource Purchasing & Supply

**Revolution Auto Group** 

Richard Family

Rio Grande Rodeo

Riverbend Golf & Country Club

Rocky Mountain Equipment

**Rocky Mountain Roasters** 

**RONA** 

Royal Spirits Wine & Ale

Russell Bardak

Safeway North

Salon West

Sandvold Family

Sarah Gunter, REMT

Save On Foods

Sawmill Prime Rib & Steakhouse.

Sawridge Inn Conference Centre Jasper

Service Plus Inns & Suites

Seven Generations Energy

Shirley Kyle

**Shirley Weiss** 

Silver Barn Fabs

Standz Styling

Stanford Grande Prairie Hotel

Sterling Upholstery

Stonebridge Hotel

Stringam LLP

Suddenly Slender

Sue Wasylchew

Suzanne Watts

Suzie Gardiner

Sylvia's Ventures

Synergy Aviation Ltd.

Synergy Promotions

Teepee Creek Stampede

The Beer Seller

The Den Pub & Carvery

The Gift Box

The Health Hut

The Vine Luxury Spa

Theresa Matkowski

Tim Hortons- The Allard Group

Tina Finch

**Todd Perks** 

Tony Roma's

Town of Sexsmith

Tractor Jack's

Tyla Savard

U Bar Ranch

Van Veen Family

Vintage Wine & Spirits

Wayne Drysdale MLA

Windsor Ford

Windsor Ford RV

Wizard's Touch Countertops





### ~Volunteer Spotlight~



#### Mort Timanson - PARDS' 2016 Volunteer of the Year!

It was an honour for PARDS to present Mort with this award at our Annual Dine & Dance event for all of his hard work and support of PARDS riders!

Mort has been a PARDS' volunteer for many years, helping in lessons and the barn with his granddaughter. He has been a long time member of the Fund Ride Committee and keeping the trails safe and rewarding for the riders. He is also a member of the Peace Wapiti Corridor Planning Society as the PARDS' representative. Thank you Mort; we are so lucky to have you in our PARDS family!

Thank you to all of our generous donors and sponsors for your continued support. We would like to extend a special thank you to the following individuals and businesses for your commitment in making PARDS 19th Annual Dine and Dance a huge success.

- Tom Pura for emceeing the event
- Kathy Crough Catering & crew for the mouth watering meal
- Dave Neale and his entourage for auctioneer services
- ~ Cloud 10 Music for donating the evening's DJ services

### This Evening's Volunteers

~ Robyn Boudreau ~ Shelby Douglas ~ Leilani Gaylard ~ ~ Sarah Gunter ~ Mona Merkley ~ Walter Merkley ~

~ Karen Neufeld ~ Nicole O'Flaherty ~ Bree Palasty ~

~ Louie Percell ~ Megan Schur ~ Trish VanDuinen ~ Barb Wald ~ ~ Dine & Dance Committee Members ~

### PARDS Dine & Dance Committee Members

Jenn Ash, Carol Balcome, Nichol Buchaski, Nicole Crowley, Jennifer Douglas, Marge Elliott, Tina Gaylard, Berit Graaten, Shirley Kyle, Gayle Mayer, Rick Parsons, Jim Rawlek, Natalee Rawsthorne, Barb Wald, Sue Wasylchew, Kelly Wilson and Jennifer Wolf

Thank you for volunteering your time, ideas and expertise to make this evening a success!

...and a HUGE PARDS "Thank You!!" to you, our guests.





Thank you to Tracy and Aly Keay for sharing their story at the Dine & Dance with our quests. You were inspiring, making us all believe anything is possible!



## ~Rider Spotlight~



#### Meet Evangeline!

One of PARDS' youngest riders is 4 year old Evangeline Richard. Evangeline began riding at PARDS with a leader and 2 sidewalkers to work on balance, building her core strength and using verbal commands to control her horse. With French being Eva's first language, she says, "marche! marche!", to get her horse to walk; or "1-2-3 GO!" on a day that she is feeling a little silly!

Lessons are planned to meet individual rider needs and skills are often taught in the form of games. After a warm up for both rider and horse, the fun and games begin! Activities can include stretching the body up and arms out to the side (airplane arms) to enhance balance, raising hula-hoops over the body for stretching, throwing oversized dice for gross motor skills development, counting steps to improve numeracy skills, matching colours to promote colour recognition and reaching to put hoops over cones to build coordination; all keep the rider engaged and having fun.





Now that Evangeline's core strength has increased, she has a leader and only one sidewalker. She is learning some basic riding skills like using her reins to make her horse stop and her legs to squeeze the horse's belly to walk.

It is just the beginning of Eva's journey into the horse world and we love seeing her progress. She walks in before each lesson full of confidence, sporting her sparkly pink cowboy boots and eager to interact with the office staff, the dog and anyone else who might be around before her lesson begins. Eva is making great progress in her lessons and we are proud to be a part of her success!



### ~Donor Spotlight~



We are extremely excited to announce that Northstar Hydrovac has sponsored Star!

Wilf Rast, owner of Northstar, began attending PARDS Annual Dine & Dance a couple of years ago and now continues to attend

the event each year. When given the opportunity to sponsor Star, Wilf jumped at the chance to expand Northstar Hydrovac's support of PARDS' riders!

Star has been at PARDS since the fall of 2015, is a valuable member of the PARDS' team

and very much loved by her riders. Star is famous for the end-of-lesson cuddles she bestows on her riding partners. After her rider dismounts, she lowers her head so their little arms can wrap around her neck for a wonderful, warm and fuzzy hug. She is gentle, patient, and very responsive to her riders cues, making her a perfect partner for young riders who are looking to advance their skills. Her personality makes her a perfect match for PARDS and her name makes her a perfect match for Northstar Hydrovac!

Thank you Northstar Hydrovac for choosing to sponsor Star!



# ~Sponsorship Opportunities~

One very important part of our organization is our equine staff. Not every horse has what it takes to be a PARDS therapeutic riding horse. It takes a specific skill set, combined with strong training and unique character traits for a horse to be accepted as a therapy equine partner. It is sometimes necessary for us to seek out horses who have very specific skills and attributes in order to maintain a well-rounded herd for the benefit of all of our riders and often, these horses are not available as a donation. With this in mind, PARDS created the Horse Sponsorship Program to ensure a safe and beneficial riding experience, we seek community members and companies to sponsor the purchase price including associated costs of a suitable therapeutic program horse.





#### **Giving Tuesday**

We will be running an 'It Takes A Community' campaign beginning Tuesday, November 29, through the month of December in which all monetary or gift in kind donations to PARDS' therapeutic programs will be recognized with an ornament on PARDS' Christmas tree. PARDS' goal is to raise enough to purchase a new wheelchair for PARDS' riders, as well as a new cart and harness for the Cart Driving program. PARDS' Cart Driving program is in its second year and has grown exponentially since inception. It truly does take a community here at PARDS, where over 200 volunteers give 12,000 hours annually to ensure our riders have access to all of our programs. We provide high quality equine assisted therapies to over 350 Peace Area riders aged 3 and up (currently our oldest rider is 71) with physical, social, cognitive, and/or behavioral challenges. PARDS' programs include Therapeutic Riding, Cart Driving, Grooming, Mechanical Equicizer and Youth Leadership. We are the only full time, year round therapeutic riding center in Alberta, one of only three in Canada!

To donate please visit <a href="http://givingtuesday.ca/partners/peace-area-riding-for-the-disabled-society-pards">http://givingtuesday.ca/partners/peace-area-riding-for-the-disabled-society-pards</a> and click the donate now button! Thank you for your generosity!



To see other Giving Opportunities, please visit the PARDS' website:

https://www.pards.ca/ways-to-give/