



PARDS  
THERAPEUTIC CENTRE

## **LEARNING HOW TO TEACH**

**Clinic Date:** Saturday July 28<sup>st</sup> and Sunday July 29<sup>th</sup> **Time:** 8am- 5pm

**Location:** PARDS Therapeutic Center  
710009 RR 55, Grande Prairie, Alberta

**Clinician:** Esther Schlegel is a German Occupational Therapist Bsc. with Hippotherapy (AHA), a Therapeutic Riding Instructor (CanTRA CTRSI ) and Instructor of Beginners in English Riding (Equine Canada). She learned, lived and worked in Germany, the Netherlands, USA and Canada before she started her own practice, which she runs with lots of heart and competence. Besides treating clients in her practice, she enjoys teaching Occupational Therapy students at the Birkenfeld Social and Medical Sciences College (Sozialfachschule Birkenfeld, Germany) as well as offering clinics regarding various topics related to Occupational Therapy, Hippotherapy and Therapeutic Riding.

**WEBSITE** <https://aufsteiger-therapeutische-konz.jimdo.com> **EMAIL :** [mail-an-aufsteiger@gmx.de](mailto:mail-an-aufsteiger@gmx.de)

### **Clinic Description:**

#### LEARNING HOW TO TEACH..

Therapeutic Riding Instructors are working with lots of different people who are challenged by various medical conditions. Clearly everybody has different needs, but how can I adapt my approach and communication style to the needs of my students? What are some appropriate communication and teaching styles for students with specific challenges? In this two day clinic we will learn about the different types of personalities, their communication style, and how that relates to teaching Therapeutic Riding. We will discuss different teaching styles and adapt them to specific medical diagnoses often seen in students who participate in Therapeutic Riding. These medical conditions include but are not limited to Autism Spectrum Disorder, Visual Impairments, Auditory Impairments, Developmental Delays, and Attention Deficit Disorder. This clinic is aimed at people working towards their Therapeutic Riding Instructor certification. There will be a balance of theoretical and practical components during this two day clinic of eight hours per day.

Each participant will receive a certificate of completion. To ensure a personal learning atmosphere, this class is limited to 15 participants.

**Cost:** \$200.00 \* Lunch Included plus PARDS membership

**Registration Deadline:** July 23<sup>rd</sup>, 2018



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## **IN CASE YOU'RE NOT A DOCTOR**

**Clinic Date:** Saturday August 4<sup>th</sup> and Sunday August 5<sup>th</sup> **Time:** 8am- 5pm

**Location:** PARDS Therapeutic Center  
710009 RR 55, Grande Prairie, Alberta

**Clinician:** Esther Schlegel is a German Occupational Therapist Bsc. with Hippotherapy (AHA), a Therapeutic Riding Instructor (CanTRA CTRSI ) and Instructor of Beginners in English Riding (Equine Canada). She learned, lived and worked in Germany, the Netherlands, USA and Canada before she started her own practice, which she runs with lots of heart and competence. Besides treating clients in her practice, she enjoys teaching Occupational Therapy students at the Birkenfeld Social and Medical Sciences College (Sozialfachschule Birkenfeld, Germany) as well as offering clinics regarding various topics related to Occupational Therapy, Hippotherapy and Therapeutic Riding.

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### **Clinic Description:**

#### IN CASE YOUR NOT A DOCTOR....

Therapeutic Riding is a wonderful recreational activity that enhances the rider's personal development and is beneficial to their health. Instructors are often confronted with various medical terminologies and conditions, but what do they all mean and how can I tailor my Therapeutic Riding lesson to the needs of the individual student? In this two day clinic we will be taking a look at basic human anatomy and physiology related to riding before we move on to common medical conditions seen in Therapeutic Riding. The diagnoses discussed will fall under the categories of orthopaedic, neurological, neuromuscular conditions, and include but are not limited to Autism Spectrum Disorder, Down Syndrome, Developmental Delays, Fetal Alcohol Syndrome Disorder and Sensory Processing Disorder. To ensure that we meet the needs of each individual Therapeutic Riding student, we will discuss adaptive equipment as well as lesson settings. As there are limitations to participating in Therapeutic Riding, we will also discuss precautions and contraindications as well as alternative activities that might still be a good fit for your student. This clinic is aimed at people working towards their Therapeutic Riding Instructor certification. There will be a balance of theoretical and practical components during this two day clinic of eight hours per day.

Each participant will receive a certificate of completion. To ensure a personal learning atmosphere, this class is limited to 15 participants.

**Cost:** \$200.00 \* Lunch Included plus PARDS membership

**Registration Deadline:** July 30<sup>th</sup>, 2018



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## **FINDING YOUR UNICORN**

**Clinic Date:** Saturday August 11<sup>th</sup> and Sunday July 12<sup>th</sup> **Time:** 8am- 5pm

**Location:** PARDS Therapeutic Center  
710009 RR 55, Grande Prairie, Alberta

**Clinician:** Esther Schlegel is a German Occupational Therapist Bsc. with Hippotherapy (AHA), a Therapeutic Riding Instructor (CanTRA CTRSI ) and Instructor of Beginners in English Riding (Equine Canada). She learned, lived and worked in Germany, the Netherlands, USA and Canada before she started her own practice, which she runs with lots of heart and competence. Besides treating clients in her practice, she enjoys teaching Occupational Therapy students at the Birkenfeld Social and Medical Sciences College (Sozialfachschule Birkenfeld, Germany) as well as offering clinics regarding various topics related to Occupational Therapy, Hippotherapy and Therapeutic Riding.

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### **Clinic Description:**

#### **FINDING YOUR UNICORN..**

Of course the horse plays a central role in Therapeutic Riding, but how do you find the best horse to fit your program? Once you found it, how can you maintain and enhance the potential of your equine partner? In this two day clinic we will be looking at different horses, evaluating their character, confirmation, movement and suitability for therapeutic riding. In order to maintain and enhance the potential of your equine partner we will be covering the topics of basic anatomy and physiology, schooling schedules, as well as saddle and equipment fitting related to therapeutic riding. We will also discuss how to match the horse's confirmation and movement to your rider's specific medical conditions. This clinic is aimed at people working towards their Therapeutic Riding Instructor certification as well as people interested in working in the field of Therapeutic Riding. There will be a balance of theoretical and practical components during this two day clinic of eight hours per day.

Each participant will receive a certificate of completion. To ensure a personal learning atmosphere, this class is limited to 15 participants.

**Cost:** \$200.00 \* Lunch Included plus PARDS membership

**Registration Deadline:** August 6<sup>th</sup>, 2018