



PARDS
THERAPEUTIC CENTRE

News From the
"Neigh"bourhood

March

Dates to Remember

April

April 19
Good Friday Office Closed

April 20 - 25
No lessons

May

May 4
PUB NIGHT

May 20
Victoria Day - Office Closed
No lessons

May 27
ANNUAL GENERAL MEETING
7 p.m.

June

June 15
**PARDS FUND RIDE &
COMMUNITY CARNIVAL**



All PARDS Day Camps are inclusive,
everyone is welcome!

To register go to:

<https://www.pards.ca/programs/>

Stay In Touch



www.pards.ca



Rider Spotlight

Wynter Van Shaick

Wynter is five years old and rides in our Little Pony Motricity Program. Wynter started riding in the fall of 2018 and has participated in two sessions. She rides our miniature pony, Chevy who she says is “her favorite horse at PARDS”. Wynter has been a fun little girl to work with. She comes each week with a bubbly attitude and big smile that just brightens anyone’s day. She is excited in her Little Pony lessons, always asking questions and wanting to learn more. She is a friendly girl, offering an enthusiastic greeting and winning smile to meet her volunteers. Some of her favorite things to do are trot and play, “What time is it Mr. Wolf”. In this game they gain strength in numeracy, walk/halt transitions, listening skills and balance just to name a few. Wynter has come a long way since her first lesson with Chevy. In the groundwork portion of her lesson she knows her brushes and how to use them and her basic pony parts. On the horse, Wynter is able to balance with no stirrups and no hands holding on, (airplane arms), she knows how to walk, stop and steer her pony and is becoming very accomplished at the trot! Wynter’s riding goal is to one day ride Chevy independently.



Little Pony Motricity is designed for ages 4 to 7 or to (maximum 55” tall and 65 lbs.). The program is set up with fun activities that incorporate fundamental skills in early ages of development while working with assisted learning through our equine partners. Little Pony Motricity is both a ground work and riding program. Lessons run in 10 week sessions, once per week for 30 minutes each week.

The activities are proven to develop:

- ~ Self-confidence ~ Enhanced fine and gross motor ability ~ Speech and language skills ~
- ~ Improved concentration and attention span ~ Understanding and application of instructions ~
- ~ Discovery and development of body, space and time ~ Respect for others and animals ~
- ~ Enhanced imagination ~

Positive changes in general are usually seen within 1-2 lessons.
Benefits of this program are regardless of learning abilities in children.

During sessions it is not uncommon that a group asks to complete the activity on foot without the pony. Instructors will suggest that they participate with the pony but will not obligate them to, as we are NOT teaching riding lessons in this program. We want to enhance the learning for optimal results.

Therapeutic Registration

Registrations for all PARDS programs are now online. Please go to the PARDS website at www.PARDS.ca and click on “PROGRAMS” for a description and links to register.

ATTENTION NEW RIDERS—new riders registering for Therapeutic Riding or Cart Driving programs must complete a Physician Release form which can be found under “FORMS” and clicking on “MEDICAL” on our website. Following receipt of registrations and all associated forms, PARDS will contact you to schedule an assessment.

Upcoming Events

Pub Night Fundraiser



PARDS THERAPEUTIC CENTRE

May 4, 2019 6-9pm at The Crown & Anchor Pub

Roast Beef & Fried Chicken Buffet Supper

The evening includes Raffles, Dessert Auction, Fun & Fellowship

Tickets \$25 each available by calling PARDS at (780)538-3211

All Proceeds benefitting PARDS Riders!

"Let's Ride to Success, Together!"

PARDS FUND RIDE

Saturday, June 15



It's time to get your Fund Ride Pledge packages again!
Collect pledges, register on June 15th at the PARDS Therapeutic Facility, have fun, and perhaps you could win a beautiful PARDS prize saddle. Contact the PARDS office at 780-538-3211 for more information or to get your pledge package.



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SUMMER CAMP DATES!

Little Pony Motricity	Week 1	July 2 - 5
Little Pony Motricity	Week 2	Aug 26 - 29
Inclusive Youth Camp	Week 1	July 15 - 19
Inclusive Youth Camp	Week 2	July 22 - 26
Inclusive Youth Camp	Week 3	July 29 - Aug 2
Inclusive Youth Camp	Week 4	Aug 19 - 24
Therapeutic Adult Camp		Aug 6 - 9

Community Champions



Our AMAZING friends at Brandt Tractor Ltd. and Smash & Sons Contracting got together to provide PARDS with a truly wonderful gift! This awesome side-by-side unit was delivered to us complete with logos and beautiful graphics. The staff work so hard to make sure horses are fed, fences are fixed and the grounds are checked regularly. This awesome unit will help them do this even more effectively and efficiently.

Lou Maffret and Kevin Lavallee from Brandt were joined by Randy and Liz Smashnuk from Smash & Sons to present PARDS Executive Director, Jennifer Douglas with the keys to PARDS new machine. All of us here at PARDS thank you and your teams SO MUCH for your generosity and the strong support Brandt and Smash & Sons have given to PARDS in so many ways, over so many years.



You're at home here.



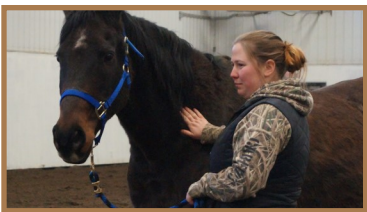
**PETROLEUM
NEW HORIZON**

The PARDS bus has been providing transportation services to clients for about a month now and they have been enjoying the comfort and convenience it provides. Our fantastic supporters at New Horizon Co-Op Petroleum know what it takes to keep the bus running and have come on as our Fuel Sponsor. We can't thank them enough!



Instructor Training

PARDS is very pleased to have hosted a 5-day, intensive Equine Assisted Personal Development (EAPD) Coaching Certification Clinic the last week of March. Through offering the use of our facility, partnering with our extremely generous Accommodation Sponsor **Service Plus Inns & Suites**, providing snacks and lunch each day and the subsidies offered by the facilitators of Equine Assisted Learning (EAL) Canada 4 PARDS instructors were able to be certified through this training! Twelve other participants, including four EAL Canada alumni, came to learn and participate in their own professional development as well. Thank you, Pizza Hut, for providing our delicious lunch on Friday.



***This is what Equine Assisted Learning (EAL) Canada says:
Why horses?***

They have traits that encourage us to be open, ready to discover more about ourselves, and face the future with a sense of purpose. Horses do not lie. There is nothing artificial about a horse. They don't care who is looking at them, or what the person thinks about them. Horses make no judgments. They value and accept each person as they are. Horses listen when you speak. They will look at you and, regardless of your fears, accept you for who you are.

For more information on their program go to: <http://www.ealcanada.ca>



Volunteer Spotlight

Talia Dreidger



Talia has been volunteering at PARDS for approximately four years. She started taking Riding lessons at PARDS when she was ten years old and then began volunteering shortly after. Talia grew up on her family's cattle farm where she was led around on the big horses; she brings a lot of previous horse knowledge from her farm. Her love of riding quickly developed as did her skills, to where today, Talia is a barrel racer. With all her past experience around horses and barns, Talia helps with almost everything around PARDS. She helps in lessons leading and side walking, gets horses in for lessons, grooms and tacks up, and cleans up in the barn cleaning stalls. Talia said one of her favorite things about coming to PARDS is all the people she gets to meet, she also likes to see all the progress that the riders are making. Talia is always willing to help out whenever we need her to and is always super friendly. Talia likes to bake at home and will often surprise the instructors and office staff with baked goods.



Volunteer Opportunities

Would you like to become a PARDS lesson or barn volunteer?

Registration is online at www.pards.ca



PARDS Annual General Meeting
Monday, May 27, 2018 at 7:00pm
710009 RR55 (East of Evergreen Park)

Everyone is welcome to attend
Light refreshments will be served

Learn, share and be an important part of the decision making process. Our riders are counting on you!

If you have any questions or would like more information, please contact us at 780-538-3211 or email info@pards.ca

All Individual, Corporate and Board members of PARDS are eligible to vote at this meeting. 2019 memberships will be available to purchase at the meeting. \$25 Individual Member or \$100 Corporate Membership.

PARDS Staff Spotlight



Welcome to PARDS newest team member, Dave Neale! Dave's knowledge of PARDS began a long time ago as he had family riding in the Therapeutic lessons when PARDS first began riding programs and he saw the value it brought to their lives. Dave has supported PARDS in fundraising events using his talent as an auctioneer at our Dine & Dance for the past 10 plus years and the last 2 years at the PARDS Shoot for the Stars. He recently came onto the PARDS team as our Facility Coordinator, bringing a vast wealth of knowledge having been raised on a farm, so knowing his way around our equipment and knowing what needs to be done comes naturally. To add to his list of abilities and responsibilities at PARDS, Dave just recently took on the role of Boarding Coordinator.



Meet Our Equine Partners

Freckles

Everybody falls in love with Freckles at first sight! Her fun markings make her an eye catcher in the barn. She is an 8 year old appaloosa paint cross whose smooth gaits make her a great therapeutic horse for those riders with rather severe impairments in balance and equilibrium reactions. Freckles quickly becomes attached to riders and volunteers who handle her and loves snuggles and treats from anybody who will give them.



Just Horsin' Around

Spring has Sprung!

