



Dear Chefs:

Calling all amateur chefs! PARDS is excited to host the Kick-Off to Summer Cook-Off Competition as part of our Community Carnival Fun Day!

Enter your team into the Cook-Off under one or more of the following categories; Chili, BBQ or Smoker. A panel of judges will select the "Best of" in each of the categories and attendees will put their votes in for the "People's Choice" award. Kick the competition up a notch by challenging your competitors and frenemies to put their culinary skills to the test as well. The competition is all in good fun and all in the name of a great cause, supporting your community members living with disabilities or other challenges.

You will provide:

- ✓ Cooking appliance of your choice and any cooking pot, utensils, etc. as required
- ✓ All ingredients for 200 sample servings for our tasters
- ✓ A team to cook and serve your delectable creation
- ✓ Completed Food Safety Course (link attached) Food Safety Basics for special events:
<https://ahs.myabsorb.ca/#/public-dashboard>
- ✓ Up to 8' table
- ✓ Wash station
- ✓ Team use garbage receptacle
- ✓ \$25 entry fee

PARDS will provide:

- ✓ Sample cups, utensils and napkins
- ✓ 10' x 10' tent (limited tents – available on a first come first serve basis)
- ✓ Up to 4 chairs/team
- ✓ Site access starting at 6am

Event details:

- ✓ Saturday, June 10
- ✓ 12pm-4pm tasting & voting
- ✓ 4:30pm winners circle & prizes

To register your Kick-Off to Summer Cook-Off team visit www.pards.ca or complete the attached entry form and scan & send to community@pards.ca.

We look forward to welcoming your team!

Shirley McDonald
Community Engagement Coordinator
780-830-6143
PARDS Therapeutic Centre